



## MENU 2022

Please note changes may occur due to availability

**There will be GF options for all meals and Soy Milk available**

Thursday night	Friday breakfast	Saturday breakfast	Sunday breakfast
Sausages Thin (GF)	Toast	Toast	Toast
Bread	Cereal: Bircher	Cereal: Corn Flakes	Cereal: Corn Flakes
Onions	Cereal: Corn Flakes	Cereal: Weet bix	Cereal: Weet bix
Oil	Cereal: Weet bix	Fruit juice	Fruit juice
Tomato sauce	Fruit juice	Milk	Milk
BBQ sauce	Milk	Eggs	Croissant
Pepper		Bacon	Cheese
Salt		Burger Buns	
Coffee & Tea Fruit & Biscuits	<b>Friday lunch</b>	BBQ Sauce	
	Bread	Tomato sauce	<b>Sunday lunch</b>
	Beetroot		Meat Pies
	Cucumber	<b>Saturday lunch</b>	
	Lettuce	Lebanese bread	Tomato & BBQ sauce
	Tomatoes	Beef patties	
	Tuna can	Burger buns	
	Tasty cheese slices	Beetroot	<b>Daily for Tea and coffee</b>
	Vegetarian slice or pastry	Cucumber	Milk
	Soup only if cold	Lettuce	Sugar
		Tomatoes	Coffee
	<b>Friday night</b>	Onions	Tea bags
	Beetroot	Tasty cheese slices	Biscuits
	Cucumber	BBQ Sauce	Milo
	Lettuce	Tomato sauce	
	Tomatoes		
	Fish fingers ( Kids )	<b>Saturday afternoon</b>	
	Vegetarian Lasagna	Tea coffee Biscuits Fruit	
	GF Veg Lasagna		
	BBQ Sauce	<b>Saturday dinner</b>	
	Tomato sauce	Baked Potato	
		Beef mince spiced	
	<b>Supper</b>	cheese	
	Tea Coffee Biscuits	Sour cream	
		Coleslaw	
		Iced cake	
		Ice cream for kids	
		<b>Supper</b>	
		Hot cross buns	